

Instructions after Your Child's Eyelid Surgery

What should I expect after surgery?

You will be given a Visionary Eye Care post-op kit containing supplies you will need to take care of your child's eyes. Please note that you may not use everything in this kit. We may have placed a patch on the operated area. This patch is to catch some of the oozing that may occur in the few hours after the surgery. Please remove the patch three hours after surgery. Some swelling and bruising is normal after surgery on the eyelids and face. Your child will not have severe pain, but there will be some soreness. If your child went to sleep for the surgery, you can expect some sleepiness and some mild nausea after the surgery.

How do I care for his/her eyes?

Dr. Hidaji will give you a prescription for ointment or drops to use twice a day (or you will have received a sample from the hospital). Tylenol is safe to use for pain relief. Ice cold compresses may also help (such as frozen peas or crushed ice). Keep the hands clean, and keep the eyes dry until your next appointment in the office. If needed, you can gently wipe the eyes with gauze soaked in eye irrigating solution from your post-op kit. Swimming is not safe for one week after surgery. If bathing, try to avoid dirty water from splashing into the eyes/wound. If washing hair, hold the head back to keep the eyes/wound dry.

Is it normal to have bleeding after surgery?

Some oozing of blood is normal. If you feel the bleeding is excessive, please call Dr. Hidaji.

When can my child return to normal activity?

Do your best to keep your child quiet and calm for 24 hours after surgery. After this period, he/she can resume normal activity as long as there is no chance of trauma to the operated area.

When can my child return to school?

It is usually safe to return your child to school in 2-3 days. If your child will not be closely supervised at school, keep your child out for one week.

CALL Dr. Hidaji AT 901-754-3937 AT ANY TIME IF:

Your child has severe eye pain.

There is thick yellow discharge coming from the incision.

Your child gets hit on the incision.

Your child complains that he or she can't see out of the eye that had surgery.

Your child has persistent bleeding more than 24 hours after surgery.

Anything is getting worse – pain, discharge, eyelid swelling, vision.