

Instructions after Tear Duct Probing and Tubes

- 1) Instill antibiotic eye drops four times a day in the operated eye(s). You will either be given a bottle of drops at the surgery center or Dr. Hidaji will write a prescription for the drops after surgery.
- 2) There should be very little, if any, pain. Tylenol is safe to take. Avoid other pain relievers.
- 3) If Dr. Hidaji placed tubes in the tear duct:
 - a. Be careful not to snag the tubes and pull them out. The tubes can be seen in the inside corner of the eye, between the upper and lower lids. You may also see the tubes inside the nostril. If the tubes come out from the nostril, use a q-tip to tuck them back into the nose. Avoid blowing the nose.
 - b. If the tubes won't go back in, call Dr. Hidaji at 901-754-3937.
 - c. The tubes can NOT hurt the eyes, so this occurrence is not an emergency.

Is it normal to have bleeding after surgery?

There will be some blood-tinged drainage from the eyes and some bright red blood from the nose for a day. This bleeding is not from the eye but comes from the inside of the tear duct.

When can normal activities resume?

There are no restrictions after this surgery. However, if there is active bleeding from the nose, avoid stooping over.

When will we know if the surgery worked?

You may see some improvement the day after the surgery. After one week, you will know if the surgery was successful.

CALL THE OFFICE at 901-754-3937 if you have any questions or if:

The part of the tubes visible between the eyelids comes out.

There is thick yellow discharge from the operated eye

Bleeding persists for more than a day

Eyelids swell or become red

Fever higher than 101 degrees

Anything is getting worse - pain, discharge, eyelid swelling, vision